



Stretchable Fabric Transfer Instructions



Warning!

Please read all directions below prior to use.



Scan to link directly to how-to videos, instructions, inspiration and more!

Avery Stretchable Fabric Transfers are designed for use on white synthetic or synthetic blend fabrics.

Visit avery.ca/transfers for easy-to-use design tools, templates, how-to videos, and other tips on the complete transfer line of products. Follow the steps below to ensure great-looking results.

Note: results may vary based on a variety of factors, including fabric type, ironing equipment, temperatures, and wash methods.

Need Help?

We have the answers to your questions.

Contact us/Contactez-nous:

Besoin d'aide?

Nous avons les réponses à toutes vos questions.

🖱️ avery.ca 📞 1-888-462-8379

Dos & Don'ts of Fabric Transfers:

- **Don't** use a laser printer.
- **Don't** use steam in the iron.
- **Don't** use an ironing board, glass, granite, concrete or other heat sensitive or heat-retaining surfaces.
- **Do** empty all water from the reservoir and put steam setting to off.
- **Do** iron on a heat resistant surface, such as a wooden table.
- **Do** follow washing instructions before wearing.



Items Needed:



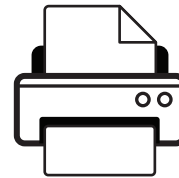
Pre-washed white fabric (stretchable synthetic or synthetic blend).



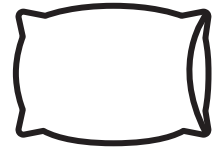
Waist-high smooth heat-resistant surface



Household iron or heat press

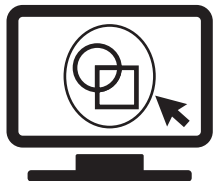


Inkjet printer



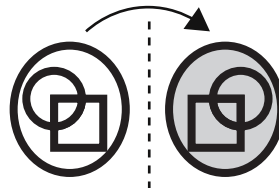
Large cotton pillowcase or other cotton fabric at least 1/4" thick

1. Design & Print



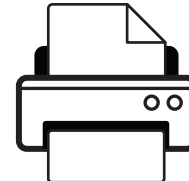
Design

- Go to avery.ca/print and customize your design, using our free templates and online design tools.



Mirror Design

- Before printing, make sure the design is mirrored. If you are using Avery Design and Print, this happens automatically. With other software, you may need to adjust it manually.



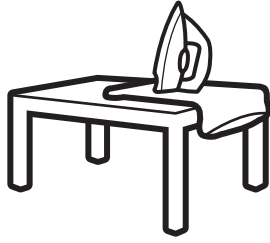
Print

- Test print your design on plain paper to ensure the design looks accurate.
- Feed one transfer sheet at a time.



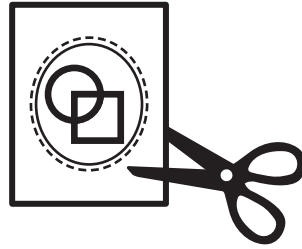
FOR USE IN INKJET PRINTERS ONLY.

2. Prep & Ironing



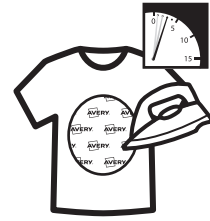
Prep workspace

- Place a pillowcase down on a hard, heat-resistant surface, not an ironing board. A wooden table is best.
- Be sure iron does not have water in it and steam setting is off.
- Set the iron to the highest setting for your fabric and preheat for 5 minutes
- Iron the pillowcase and garment to remove wrinkles.
- Use extreme caution when ironing. Avoid leaving iron face-down on work surface for extended period of time as it may result in injury or damage to the project or work surface.



Trim Material

- Cut out design with a narrow margin around image.
- Keep edges rounded (if possible) to avoid lifting during ironing and washing.



Ironing

- Place transfer design face down on garment in desired location.
- Iron transfer, applying firm pressure slowly from left to right and then from top to bottom.
- Be sure to iron over the edges.
- Turn off iron when finished.

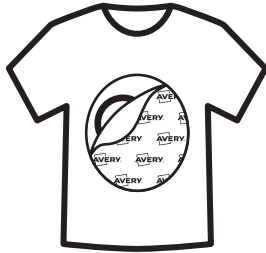
Approximate Ironing Time:

Image Size	Ironing Time
Full sheet	3 minutes
1/2 sheet	1 ½ minutes
1/4 sheet	1 minute

Heat Press Instructions:

Temperature	375°F (190°C)
Time	20 seconds
Pressure	Medium

3. Finishing & Care



Finish transfer

- After ironing, remove your garment from the heating area and allow to cool for 2 minutes.
- Smoothly and slowly peel backing paper away from top corner to bottom corner.
- If image begins to lift, re-iron image, focusing on lifting areas. Allow to cool once more before attempting to peel again.



After Care and Maintenance

- Wait 24 hours before washing garment once transfer is applied.
- Wash garment before wearing:
 - Turn garment inside out and machine wash cold separately from other clothes.
 - Use colour-safe mild detergent and remove promptly from the washer
 - Do not use bleach or fabric softener.
 - Colours may bleed if left wet too long.
- Lay flat to dry or tumble dry low with garment turned inside out.
- Do not iron directly on transferred image after it has been applied to the garment
- The transferred image is not intended to withstand stretching other than normal wear and tear.

